

**THIS IS TO CERTIFY THAT**

**PATRICIA CIBULOVA**

**HAS BEEN AWARDED**

Focus Awards Level 2 Certificate in  
Fitness Instructing (Gym-Based Exercise) (RQF)

**This achievement included the successful completion of  
the units detailed on the Unit Summary**

*QRN:* 601/4739/8

*Centre Name:* BODYCORE

*Date Awarded:* 01/11/21

*Candidate Number:* 351

*Certificate Number:* RQF33621



Chief Executive  
Focus Awards



Chair  
Focus Awards





## UNIT SUMMARY

PATRICIA CIBULOVA

Has achieved the following units for the

Focus Awards Level 2 Certificate in  
Fitness Instructing (Gym-Based Exercise) (RQF)

## UNITS ACHIEVED

		Level	Credits
M/600/9015	Know How To Support Clients Who Take Part In Exercise And Physical Activity	2	2
A/600/9017	Principles Of Exercise, Fitness And Health	2	4
T/600/9016	Health, Safety And Welfare In A Fitness Environment	2	2
H/600/9013	Anatomy And Physiology For Exercise	2	6
A/600/9020	Instructing Gym-based Exercise	2	6
F/600/9018	Planning Gym-based Exercise	2	4

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